Mind Your Mental Health

Five shocking statistics about drug and alcohol misuse.



Those who abuse prescription opioids are 40% more likely to use heroin than those who don't.

80%

The United States consumes 80% of the world's prescription painkiller supply, despite not even making up 5% of the world's population.

x4

It's possible to die the first time you use cocaine; consumption quadruples the risk of sudden death.

88,000

#MYMH

An estimated 88,000 people die per year due to alcohol.

11%

Only about 11% of those addicted to drugs or alcohol actually receive treatment for their substance abuse disorder.

