Magellan HEALTHCARE

Behavioral Healthcare Management

Magellan's Behavioral Healthcare Management Solution combines advanced clinical approaches and innovative technology to improve member outcomes. Our 50-year experience in behavioral health has resulted in a unique approach that has reduced costs for hundreds of health plans, up to $41 million over four years.[1]

The Magellan difference

Identification

- **Analytics** help identify undertreated individuals early and point to interventions.
- **Utilization management**, with a range of automated and expert reviews, helps ensure the right treatment is delivered at the right time.

Intervention

- **Behavioral health screenings** help identify potential behavioral health issues, including substance use, and direct members to treatment
- **Case management** helps ensure care is aligned and integrated within medical delivery systems.
- **Peer support** connects members with community and social support.
- **Innovative clinical programs** are used to manage high-cost, complex populations.

Technology

- Digital tools help identify, engage, educate and increase access to behavioral healthcare.
- Behavioral, medical and pharmacy costs are analyzed continuously to customize care pathways.[2]

Many need help. Most aren't getting it. Turn to Magellan.

We can help your health plan address the staggering statistics:

- In the U.S., 26% of individuals 18 and older suffer from a diagnosable mental disorder.[3]
- In countries like the U.S., with well-organized healthcare systems, between 44% and 70% of patients with mental disorders do not receive treatment.[4]
- In 2017, members with comorbid physical and mental health conditions made up 34% of total health plan expenditures (Medicaid, Medicare and commercial).[5]
- Effective integration of behavioral and physical healthcare for comorbid patients can generate up to 25–35% savings in medical costs.[6]

Please contact us at gensales@magellanhealth.com to discuss how we can help you improve identification, engagement, cost savings and member quality of life.

1. *Magellan health plan client, 200 million members in commercial and publicly funded programs, 2012-2016.*
2. *When provided by health plan clients.*
3. *Mental health disorders statistics_85, P00753. (n.d.) Retrieved March 22, 2018, from www.hopkinsmedicine.org.*
4. *World Health Organization Department of Mental Health and Substance Dependence, Investing in Mental Health, 2003.*
5. *Melek, S., Norris, D. and Paulus, J. 2014. Milliman American Psychiatric Association Report: Economic Impact of Integrated Medical-Behavioral Healthcare.*
6. *Magellan Analysis, 2016.*

Our core and integrated product packages offer varying levels of clinical intensity, digital health access, medical integration and risk sharing.

Core

Reduces high-cost behavioral health trends

- High-performing, cost-effective network, including telehealth providers
- Online PCP toolkit
- Outlier provider management and coaching
- Specialty outpatient services
- Hospital transition planning
- Case management
- 24/7 CareLine
- Data sharing and integration
- Utilization management
- Claims adjudication
- Quality reporting

Enhanced

Reduces costs through behavioral & physical health integration

Includes core features, plus:

- Faster authorizations and more frequent medical record reviews
- On-site discharge planning at high-volume facilities
- Peer support specialists and case managers
- Virtual care—SmartScreener, digital cognitive behavioral therapy, and text therapy
- Claims payment
- HEDIS FUH reporting

Optional features

- Analytics-driven identification using medical, pharmacy and BH data[7]
- App-based smoking cessation
- Autism services
- Transcranial magnetic stimulation
- Screen and Engage program
- Chronic pain management
- Opioid risk management
- MAT-OBOT network and support

Our robust approach helps decrease costs, improve engagement and increase community tenure, leading to better lives for the members we serve.

7. *When provided by health plan clients.*

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