

Family Crisis Management Plan

Name _____ Date of Plan _____

Define the **specific** problems or behaviors that lead into a typical crisis situation:

Primary: (Child)	Secondary: (People directly involved: i.e. parents, siblings, etc...)	Tertiary: (People or services indirectly involved: i.e. psychiatrist, case manager, etc...)

How do individuals within the family define the problem?

Child:	Parents/Guardians:	Other Family Members (i.e. siblings, extended family etc...):	Other Support Services:

What do individual family members define as a positive outcome of a crisis plan?

Child:	Parents/Guardians:	Other Family Members:

What does the family identify as **specific** triggers that lead to an escalation into crisis:

Child:	Parents/Guardians:	Other Family Members:

What methods or strategies have been tried before to manage the cycle of crisis:

Method:	Result:

What do family members identify as one or more ways they may contribute to the escalation of a crisis situation?

Child:	Parents/Guardians:	Other Family Members:

What do family members identify as one or more **specific** changes they can make that would reduce the occurrences of crises within the home?

Child:	Parents/Guardians:	Other Family Members:

What are some barriers that family members can foresee getting in the way of implementing the changes mentioned above, and what can be done to overcome them?

Barrier:	Strategy to Overcome Barrier:

What resources does the family feel will be helpful to them in managing the cycle of crisis within the home, and how will these resources be used?

Resource:	Use of Resource:

What does the family need to see in order to know this plan was successful?

Outcome A:

-
1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Outcome B:

-
1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Outcome C:

-
1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Outcome D:

-
1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Outcome E:

-
1. _____
 2. _____
 3. _____
 4. _____
 5. _____

Summary of risk assessment:

Summary of domain assessment:

Services being
received:

Follow-up
scheduled

When will this plan be re-evaluated?: ____ / ____ / ____