

Recovery and Resiliency

Magellan has partnered with national experts in behavioral health recovery and resiliency to offer e-courses for providers such as social workers, counselors, certified drug and alcohol counselors, consumers, family members and other stakeholders. These trainings are free of charge and were developed in collaboration with Recovery Innovation, Child Family Support Services, the Family Involvement Center, and consumers and family members. The content of this course is appropriate for beginning and intermediate skill levels.

Dr. Lori Ashcraft, Ph.D., Certified Psychiatric Rehabilitation Practitioner (CPRP) is the Executive Director of the Recovery Opportunity Center, located in Phoenix, Arizona. After a full career in California that included serving as Deputy Director for Community Programs for the California Department of Mental Health, she re-located to Arizona where she accepted the position as Director for Adult Services for the Regional Behavioral Health Authority. When META Services opened the Recovery Education Center in 2000, she became the Executive Director of its Recovery Education Center. In this role she promoted recovery principles and practices through training both staff and consumers. She is the author of two books, *Offering Wellness* and *Advance Peer Practices*. She is now recognized as a national leader in training people in recovery principles and practices and for her development of programs that help people move beyond recovery to find their own purpose and meaning in life.

Material in each class will include suggestions on what each of you can do to contribute to recovery. **In this sixth class, "The Resiliency Factor"**, you will learn how to stay on track and how to develop "bounce-back" skills. The learning objectives for this class are the following:

1. The participant will demonstrate an understanding of the dynamics of resilience and how to maintain it.
2. The participant will express an understanding of the importance of supporting each other in maintaining resilience.
3. The participant will list the "Five Recovery Pathways" and how each pathways supports recovery.

After each course you will be asked a few questions to help you assess your understanding of the content in this class. Successfully complete this test and you can print out a Certificate of Completion.

CEU Credits

Magellan's e-learning courses offer continuing education hours /credits for participants. CE credits for these courses are approved by the following organizations:

1. National Board for Certified Counselors (NBCC)
2. National Association for Alcoholism and Drug Abuse Counselors (NAADAC) The Association for Addiction Professionals
3. Association of Social Work Boards (ASWB)

Providers can receive one (1) CE hour per course for courses 1-6 by completing the post test with a minimum passing score of 80% and the Continuing Education Evaluation survey that follows each course. Upon completion and submission of the survey, a CE certificate will be e-mailed to the e-mail address provided. Additional instructions are available following the course. It is the responsibility of each participant to determine whether the CE credit will be recognized by your state specific licensing or credentialing board. If you have any questions specifically regarding the courses and/or the CE process, contact our Clinical Operations Coordinator at CE@magellanhealth.com