



## Magellan e-Learning Center Promotes Recovery and Resiliency

With just one click on [www.MagellanHealth.com/training](http://www.MagellanHealth.com/training), consumers, parents, families and providers will find an innovative e-Learning Center—and immediate access to the strategies and techniques they need to apply the recovery and resiliency principles of hope, choice, empowerment and education.

Introduced in 2008, this unique online resource currently hosts 14 courses. Since then, consumers, providers and other individuals in all 50 states have completed more than 8,400 online training sessions. Behavioral health providers, in particular, report that the e-courses have helped them refresh their skills, providing ideas to implement in their practice areas and helping them do a better job serving consumers.

### New Skills and Ideas a Click Away

With one click on [www.MagellanHealth.com/training](http://www.MagellanHealth.com/training), you can access interactive e-courses that are:

- **Free.** All of the e-courses are offered at no cost.
- **Convenient.** E-courses are available on demand, enabling users to complete them at their own convenience, regardless of their geographic location.
- **Self-paced.** Users can complete the e-courses at their own pace, increasing personal satisfaction and learning retention.
- **Flexible.** E-courses can be used as a personal resource for consumers, parents and families and as an educational resource in provider settings.
- **Available in both English and Spanish.**

### National Experts, Personal Experiences

Each course was developed in collaboration with national experts and involved consumers, parents and family members. And each includes video testimonials of personal experiences that provide hope and inspiration.

- **Peer Support e-courses:** Unique in the industry, these are among the only online courses available that provide education about peers' role in mental health recovery. Launched in 2010, these were developed by the Depression and Bipolar Support Alliance (DBSA) and address peer specialists' growing role in helping individuals with mental illnesses.
- **Recovery & Resiliency e-courses:** These were developed in collaboration with Recovery Innovations, Child & Family Support Services and the Family Involvement Center, all nationally recognized experts in recovery and resiliency.

### Expanding Online Learning

Magellan continues to look for opportunities to expand the e-Learning Center as another example of our commitment and dedication to developing culturally competent, quality services to support and promote recovery and resiliency.

